



The **SUNFRESH** Series

116 23rd Street, Pittsburgh, PA 15222
 Phone: 412-391-7532
 Fax: 412-391-7995
www.sunfreshfoodservice.com

CHECK OUT THIS WEEK'S SPECIALS!

11 LB. ASPARAGUS
\$16.75



25 LB. BUSH GREEN BEANS \$21.75



10 LB. FOOD SERVICE MUSHROOMS \$15.75



4 LB. BABY SPINACH \$15.75



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PITTSBURGH WEATHER FORECAST COURTESY OF WEATHER UNDERGROUND

Mon 3/8	Tue 3/9	Wed 3/10	Thu 3/11	Fri 3/12	Sat 3/13	Sun 3/14
52° 38°F	62° 40°F	64° 52°F	60° 48°F	55° 40°F	49° 33°F	49° 36°F
Partly Cloudy	Partly Cloudy	Partly Cloudy	Rain	Showers	Showers	AM Rain/Snow Showers

PRODUCE NEWS

ARTICLE COURTESY OF:

THE PRODUCE NEWS

Vanguard anticipates good apple, pear crops from South Africa

South Africa's main apple and pear production areas in the western region had an excellent winter season with ample rain, snow and cold units. This was followed up by very good flower and set periods between October and December 2020. These favorable conditions provides a good indicator for a strong apple and pear crop this season.

The Western Cape experienced less wind and overall good weather conditions. Unfortunately the Eastern Cape did not experience the same. In mid-January a hail storm ripped through the Eastern Cape production area of Langkloof.

In total, Vanguard International is still predicting a most positive apple and pear crop for 2021. Like most other commodities, South African apple and pear crops are five to 10 days later compared to 2020.

The first apple and pear crop estimate is forecasting an increase of 4 percent in apples and 2 percent on pears. Apples are growing in volume for the second year in a row. The reason for this growth is mostly due to new plantings coming into production. This is part of major replanting and renewing strategy after the drought three years ago and was expected. For pears, this makes up the 2 percent decrease experienced last year.

[For the complete article, check out our facebook page!](#)

WE ❤️ OUR CUSTOMERS!

In appreciation for their patronage, each week we feature a different business. We encourage our customers to check out and support all of those that we service!

FEATURED BUSINESS:



SUPPORT SMALL BUSINESS!

Little Tokyo
636 Washington Road
Pittsburgh, PA 15228
412.344.4366

Little Tokyo Bistro
2122 East Carson Street
Pittsburgh, PA 15203
412.488.9986

When the owner, Frank Lin, opens the doors each day, it is with the idea that a restaurant should combine friendly, gracious service with the proper atmosphere. The popularity of Little Tokyo has proved the value of this theory.

CHECK THEM OUT ONLINE! [HTTPS://LITTLETOKYOPITTSBURGH.COM/](https://littletokyopittsburgh.com/)